



BUILD: A Homeschool Framework for New & Transitioning Families

B



BASE

Clarify your foundation

- Why are you homeschooling?
- What are your non-negotiables?
- What are your time constraints?
- What does your state legally require?

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UNDERLYING NEEDS

Know your learner and yourself.

- Child temperament
- Learning style
- Neurodivergence considerations
- Parent energy + capacity
- Season of life realities

I



IMPLEMENT

Choose structure.

- Select homeschool model
- Decide on a daily/weekly rhythm
- Apply simple routines
- Gather resources & materials
- Test & adjust

L



LAYER

Build the schedule.

- Core subjects
- Child interests
- Curriculum type
- Mixed-age strategy
- Sample week mapped out

D



DEFEND

Prevent burnout.

- What to cut first when overwhelmed
- How to pivot mid-year
- Signs it's not working
- Permission to adjust